

List of Diseases and Conditions and Their Possible Causes

Acne: pimples

POSSIBLE CAUSE: hormone imbalance, liver congestion, food allergies

ADHD: Attention Deficit Hyperactivity Disorder

POSSIBLE CAUSE: blood sugar imbalance, food allergies, inflammation

Adrenal Fatigue: multiple symptoms, usually associated with blood sugar or hormone imbalances

POSSIBLE CAUSE: infection some where in the body

Allergies: food or environmental

POSSIBLE CAUSE: liver congestion

Anemia: insufficient blood cells

POSSIBLE CAUSE: usually low B12 caused by low hydrochloric acid in the stomach

Arthritis: pain and swelling in joints

POSSIBLE CAUSE: toxins, poor digestion, etc

Asthma: lung dysfunction

POSSIBLE CAUSE: toxins, liver congestion, infections

Auto Immune Diseases: the immune system is attacking the body

POSSIBLE CAUSE: infection causing one part of the immune system to be over stimulated

Blood Sugar Imbalances:

POSSIBLE CAUSE: adrenal dysfunction, liver dysfunction, inflammation

Bone Spurs: extra bone causing pain

POSSIBLE CAUSE: muscle imbalance

Candida (Yeast Infection): can manifest as a skin rash or vaginitis

POSSIBLE CAUSE: immune dysfunction, blood sugar or hormone imbalance

Carpal Tunnel: wrist pain

POSSIBLE CAUSE: neck out of alignment, gallbladder dysfunction, arthritis in the neck, etc

Chronic Fatigue: extreme fatigue

POSSIBLE CAUSE: blood sugar imbalance, compromised liver function

COPD: Chronic Obstructive Pulmonary Disease

POSSIBLE CAUSE: lung infection, heart dysfunction, toxins

Degenerative Joint Disease: arthritis, disc degeneration
POSSIBLE CAUSE: injury, muscle imbalance

Depression: sadness, inability to cope
POSSIBLE CAUSE: hormone imbalance

Detoxification: method of eliminating toxins from the body
POSSIBLE CAUSE: congested liver, poor digestion, hormone imbalance

Digestive Problems: cannot digest food properly; difficulty with elimination
POSSIBLE CAUSE: gallbladder dysfunction, liver dysfunction, infection, ulcer, inflammation, low B12

Endometriosis: painful scar tissue around reproductive organs
POSSIBLE CAUSE: hormone imbalance, infection

Erectile Dysfunction: sexual dysfunction
POSSIBLE CAUSE: hormone imbalance, blood sugar imbalance, adrenal fatigue, infection

Fibromyalgia: diffuse muscle and joint pain
POSSIBLE CAUSE: liver dysfunction

High Blood Pressure: hypertension
POSSIBLE CAUSE: possibly genetic, liver congestion, blood sugar imbalance, inflammation

Hormonal Dysfunction: low libido, sexual dysfunction
POSSIBLE CAUSE: adrenal fatigue, blood sugar imbalance, infection, inflammation, low pituitary function

Low Back Pain: pain
POSSIBLE CAUSE: injury, colon inflammation, muscle imbalance

Low Thyroid: fatigue, loss of hair, weight gain, etc
POSSIBLE CAUSE: infection, liver dysfunction, adrenal fatigue, gut inflammation

Migraines: severe head pain, usually with nausea
POSSIBLE CAUSE: blood sugar imbalance, hormone imbalance, neck out of alignment

Motor Vehicle Accident Injuries: two vehicles meet unexpectedly
POSSIBLE CAUSE: driver inattention

Osteoporosis: bone loss
POSSIBLE CAUSE: hormone imbalance, low B12, low hydrochloric acid in stomach

Personal Injuries:

POSSIBLE CAUSE: slips and falls

Psoriasis: skin condition

POSSIBLE CAUSE: toxins, infection, gut inflammation

Sciatica: sharp pain in low back and leg

POSSIBLE CAUSE: ruptured disc, muscle imbalance, gut inflammation

Stiff Neck: neck pain


POSSIBLE CAUSE: neck out of alignment, muscle imbalance, infection, sinus inflammation

Tinnitus: ringing in ears

POSSIBLE CAUSE: neck out of alignment, adrenal fatigue, hypertension, liver dysfunction

TMJ Problems: jaw pain

POSSIBLE CAUSE: teeth alignment, neck out of alignment, infection, blood sugar imbalance


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